



Where does donor milk come from?

The clue is in the name! Donor milk is donated by women who are producing milk. Sometimes, this is when they have more than enough for their baby's needs, sometimes after an infant bereavement.

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Can anyone become a donor?

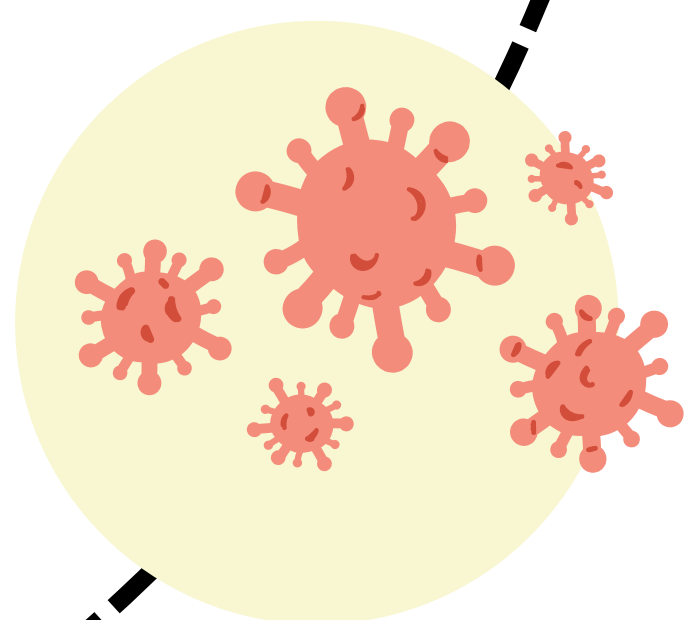
Milk donors must meet strict health and lifestyle criteria and are required to have blood screening tests. They are also shown how to express, collect and store their milk cleanly and safely.

Facts About Donor Milk



Is donor milk safe?

Yes! **ALL** donor milk must be pasteurised. This removes any viruses, bacteria and toxins present in the milk to a safe level. Once pasteurised the milk is tested again to check for any harmful bacteria.



Does pasteurisation remove all the good bacteria?

Donor breast milk still contains many protective factors which help protect premature babies from infection. These protective factors are not present in formula milk.



Who knows about this?

Less than 1 in 100 people have heard of donor breastmilk. Each year around 1500 women donate their milk in the UK. Lets spread the word to encourage the donation and use of donor milk!