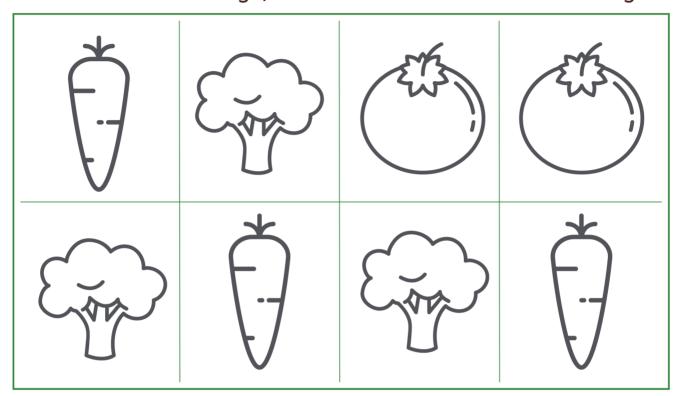
Activity Sheet





Colour the carrots orange, the tomatoes red and the broccoli green



Wordsearch

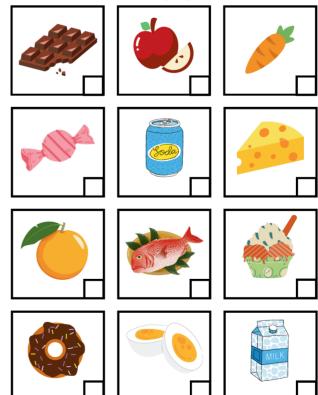
Look at the wordsearch below. Can you find the words that describe ways to keep your teeth healthy?

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Teeth Brush Vegetables Cavity Yogurt Cheese

Taking Care of My Teeth

Look at the pictures below. Tick the foods and beverages that are healthy for your teeth and put a cross on the foods and beverages that are unhealthy for your teeth.



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My Sygar	TASK	Brush your teet in morning	sugary cereals swapped	A peice of fruit	Swap one sugary drink	Swap one sugary snack	Brush your teeth before bed
			CHEAL				