

MONEY-SAVING GAMES

Have you tried playing a saving game to help you spend less and save more? Saving money can be a challenge for everyone. But making a game out of it can make the process less tedious and more fun!



RACE AGAINST THE CLOCK

While food shopping, give yourself a time limit to buy everything you need. With a time restraint, you are less likely to wander down a random aisle and pick up things you don't need. Aim to get all the items on your list and be in line at the check-out counter before time is up.



SAVING COMPETITION

Have a saving competition with friends. To play, set a date and see who can save the most money by that date. The winner can get treated to a home-cooked dinner! The benefit of this game is that it helps you and your friends to spend less money.



12 MONTHS OF MYSTERY SAVING

Start by listing 12 things you can save money on, like eating out, clothes, and groceries. Write them out individually on pieces of paper and put them in a jar. Draw one piece of paper each month. Whatever item you draw is what you'll focus saving money on for that month.



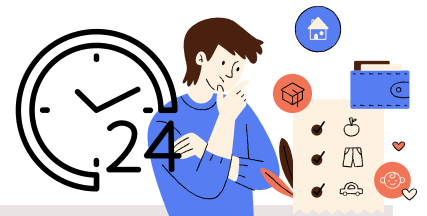
SAVE YOUR AGE GAME

The game is exactly what it sounds like. Choose a month to play, and every family member/friend has to save money equal to their age. So, if you are 21, your goal is to save £21 for the month. To get the most out of this game, create a goal to save your age for six months or even a year.



PANTRY CHALLENGE

Before your next trip to the supermarket, do an inventory of your food. Meal plan for the upcoming week based on what you already have, and only buy what you need. Do this exercise a couple of times a month to save on groceries, ensure you are not letting food go to waste, and improve your meal-planning skills.



EXPENSE-FREE DAY

The challenge is not to spend anything for 24 hours. The idea is to look for free activities: visiting free art exhibitions, riding a bicycle or meeting with friends and going for a walk.